

WOMEN'S HEALTH CONFERENCE



 **PHOEBE SUMTER**
MEDICAL CENTER

May 15, 2010
8 a.m. - 1 p.m.

Student Success Center
Georgia Southwestern University
Americus, Ga.

FREE Health screenings:

- Height & Weight
- BMI
- Blood Pressure
- Glucose & Cholesterol
- Osteoporosis

AGENDA

- 8 - 10:30 a.m. Registration/Health Screens/Education Booths/
Vending/Continental Breakfast/Welcome
- 10:30 - 11:30 a.m. Breakout Sessions
- **Turning up the Heat (Menopause)**
 - **Heart Health**
 - **Diabetes**
 - **Breast Health**
 - **Sex After Stroke**
 - **Nutrition/Cooking Demo**
 - **Super Women**
- 11:30 a.m. - 12:30 p.m. Lunch Program
- 12:30 - 12:45 p.m. Speaker, Karla Heath Sands
- 12:45 - 1 p.m. Door prizes & Closing



KEYNOTE SPEAKER
Karla Heath Sands
WALB CHANNEL 10, ALBANY

FREE Breakfast & Lunch ■ Information booths ■ Door prizes ■ FREE tote bags*
*while supplies last

229-924-6011 • www.phoebesumter.org